



JOB OPPORTUNITY – ACADEMY PHYSIOTHERAPIST (AGE 9-16)

Reporting to the Head of Academy Sports Science & Medicine (“HASSM”), you will assist with developing, organising and implementing medical screening, health education, injury prevention and rehabilitation programmes for Academy players predominantly between the ages of 9-16.

You will contribute to both the Medical and Sports Science departments optimising the availability and enhancing the long term athletic development and health of Nottingham Forest Academy players through player education, movement and musculoskeletal screening, load management and effective rehabilitation.

You will organise training, rehabilitation and matchday cover of all age 9-16 fixtures and liaise closely with both the u18 Physiotherapist and HASSM in terms of managing any injured players within the Foundation (FP) and Youth Development Phases (YDP).

Your responsibilities will be to:

- Fulfil the role of a Chartered Physiotherapist in the assessment, diagnosis and rehabilitation of FP and YDP player injuries, and lead part time members of the department in their own professional development
- Assist the u18s Physiotherapist and HASSM in developing and delivering all screening, health and sports medicine related matters relating to Academy players (FP and YDP predominantly).
- Assist in developing evidence-based protocols for the Sports Science & Medicine Dept, using all available resources including the latest research and collaboration with clinical specialists.
- Contribute fully within the CPD programme of the department and Academy.
- Be actively involved in the University of Nottingham’s Sports Rehabilitation clinical education programme.
- Be actively involved in an interdisciplinary approach of working within the department that includes coaching, sports science and strength & conditioning staff.
- Maintain all legal and professional qualifications required by the role and keep up to date with and satisfy all professional regulations.
- As a minimum, hold an up to date intermediate level emergency aid (preferably Intermediate Trauma Medical Management in Football) accreditation to meet professional regulations.
- Create professional relationships with players, their parents and Academy staff to support health and wellbeing, injury prevention and rehabilitation needs, whilst maintaining a professional distance from playing staff, acting at all times in a manner appropriate to a representative of the Club.
- Provide emergency aid cover for Academy training sessions and matches as required.
- Maintain detailed records for all activities in the department in line with relevant legislation, policies and procedures, and the security of the medical records for Academy players ensuring complete medical confidentiality within the scope of practice at all times.
- Implement the department injury prevention protocols through assessment, analysis, delivery and auditing of collected data.
- Assist the HASSM in co-ordinating training and match first aid cover for the 9-16 age group
- Work with the HASSM to ensure all requirements of the EPPP and Audit process relevant to this role are carried out at the appropriate time.



JOB OPPORTUNITY – ACADEMY PHYSIOTHERAPIST (AGE 9-16)

You will have the following:

- BSc (Hons) Physiotherapy or higher degree essential
- Higher (MSc) Sports Medicine Degree desirable
- Sports Science and / or Strength & Conditioning experience desirable
- Member of the Health and Care Professions Council (HCPC) and the Chartered Society of Physiotherapists (MCSP) essential
- Valid Intermediate Level 1st Aid Qualification (ITMMiF preferable)
- Indemnity through professional registration to £5 million liability essential
- Demonstrable post qualification experience
- Experience of working within a multidisciplinary team within a Sports Medicine environment preferably with younger athletes
- Playing experience to a high-level desirable
- Excellent clinical reasoning, problem solving and decision-making skills
- Thorough understanding of paediatric and adolescent musculoskeletal conditions and pathology
- Excellent knowledge of age specific injury screening, diagnostics, manual therapy, injury prevention and recovery strategies
- Excellent range of clinical treatment skills with emphasis on rehabilitation from plinth to pitch
- Excellent management and organisational skills to organise a group of part time practitioners regarding continuity and appropriate rehabilitation, training and match cover
- Evidence of ongoing and relevant CPD
- Ability to lead group sessions and deliver gym and pitch-based programmes to groups and individuals particularly to the younger athlete
- Excellent written and verbal communication skills
- Ability to manage competing demands and deadlines to be able to work in a fast-moving environment
- Proactive and engaging style with a winning attitude and can-do approach

Important

1. You will be required to attend all home and away u16 matches and other FP and YDP matches as required which will involve travel, so a full current driving licence is necessary as is a flexible approach and attitude to working hours is required
2. You will be required to work across all Club sites including the Stadium, Club offices and Training Ground.

Application is via CV with a one page covering letter to jobs@nottinghamforest.co.uk

Closing Date: 9th February 2018